

Book now

Sophie Butler suggests seven trips you should be planning this week, from an autumn break in Cyprus to an Arctic cruise

Bastille Day celebrations in Paris

When: July 14
Why book now? Bastille Day (when France celebrates the storming of the city's prison and the start of the 1789 French Revolution. This national holiday is marked by parades on the Avenue des Champs-Élysées and a 5-minute firework display (see en.parisinfo.com). If you don't mind big crowds, it's an exciting time to visit Paris.
What to book: Eurostar (eurostar.com) offers return fares from £157 departing on July 12 or 13 and returning on July 15.
For our selection of recommended hotels in Paris see telegraph.co.uk/paris.

Autumn sunshine in the Med

When: September and October
Why book now? Tour operators are dropping prices

to encourage early autumn bookings, so this month provides a good opportunity to secure some late sunshine at a quieter time of year.
What to book: Kuoni (0800 092 4444; kuoni.co.uk) is offering five nights half-board at Chia Laguna in the Sardinian resort of Chia from £868 (reduced by £115) including flights from Heathrow, departing September 11. Seven nights b&b at the five-star Constantinou Bros Asimina Suites Hotel in Kato Paphos, Cyprus, costs from £1,166 (reduced by £90) including flights from Gatwick, departing October 19. Resort hotel specialist Prestige Holidays (09425 480400; prestigeholidays.co.uk) also has autumn sunshine offers.

3 Trekking in New Zealand

When: November 2015 and January 2016
Why book now? Plan ahead to ensure you find a space



See Bastille Day go off with a bang in Paris by attending the spectacular fireworks display

on a trip that coincides with the best hiking weather in this spectacularly scenic country.
What to book: Explore (0843 634 6478; explore.co.uk) has two guaranteed wintertime departures on its 20-day "Walking in New Zealand" tours. Maximum numbers are 15 and both tours, departing November 14 and January 23, have limited availability. Prices start at £3,549 excluding flights. Highlights include Milford Sound, Wanaka and the Kepler Track at Te Anau. Exodus

(0845 863 9600; exodus.co.uk) also offers a couple of group hikes in this region, including a recently launched 23-day trekking itinerary.

4 Family holidays in Orlando

When: January to November 2016
Why book now? Take advantage of early booking offers for a family trip to Florida's theme parks in school holiday periods.
What to book: Book by July 9

with Trailfinders (020 7368 1200; trailfinders.com) to qualify for value-added deals at Disney's Coronado Springs Resort in Orlando on selected departures between January 1 and November 30, excluding Easter. A seven-night stay costs £999 per person (based on two adults and two children under 10 years) including BA flights, transfers, a seven-day Ultimate Disney ticket covering access to all Disney parks and water parks, two meals per day (worth more than £360), a "memory maker" photography package (worth \$189), and a \$200 Disney gift card. Florida specialist Magic Holidays (020 8475 7750; magicholidays.com) also has a range of early booking offers.

5 Arctic cruise to Spitsbergen

When: Summer 2016
Why book now? Arctic voyages sell out more than a year in advance of departure, so act now for a good choice of dates and cabin types.
What to book: Adventure cruise specialist One Ocean Expeditions (oneoceanexpeditions.com) has filled half of its nine-night "Spitsbergen Encounter" voyages in 2016. It has two

remaining trips, departing from Longyearbyen on June 13 and July 14 (the earlier departure includes a team of professional photographers to advise guests on wildlife and landscape photography). Prices start at £3,174 per person for triple share and from £4,126 based on twin share including full board and shore excursions. Hurtigruten (020 3393 4073; hurtigruten.com) also offers a range of expedition itineraries to this region starting at £1,133 for a six-day "Arctic Adventure" focusing on the Northwest Spitsbergen National Park, aboard the MS Nordstjernen. Prices quoted above exclude flights.

6 Exclusive access in China

When: October 2016
Why book now? Demand is high for a new tour that offers an exclusive behind-the-scenes introduction to China's 2,200-year-old terracotta army.
What to book: Andante Travels (01722 713800; andantetravels.co.uk) has launched a 16-day "China Beyond the Great Wall" tour, which includes special access to see this extraordinary collection of terracotta sculptures with

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